

▶ GOODBYE TO YUGA HATTA, OUR 2004-2005 INBOUND EXCHANGE STUDENT. YUGA LEFT MICHIGAN ON JULY 16TH TO START HIS JOURNEY HOME TO JAPAN.

▶ JOHN INTRODUCED THE 2005-2006 BOARD: SECRETARY, VICKI KALMBACH; TREASURER, BERT SISSON; AND CHAIRPERSONS, DEBBIE BANKS, TOM MOREAU, ANITA SHEPPARD, AND WENDY TURNER.

July 18, 2005

2005-2006 Rotary Theme



WWW.HLROTARY.ORG

**SERVICE Above Self**

# The Houghton Lake Rotarian

DISTRICT 6290

## Service Above Self

### The Four Way Test of the things we say or do

- 1) Is it the truth?
- 2) Is it fair to all concerned?
- 3) Will it build good will and better friendships?
- 4) Will it be beneficial to all concerned?

### The Four Avenues of Rotary Service

#### Vocational Service

Representing the dignity and utility of one's vocation to others

#### Club Service

Activities to make a club function successfully

#### Community Service

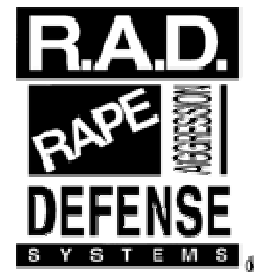
Activities to improve the quality of life in one's community. Assistance to youth, the aged, the handicapped and others.

#### International Service

Programs and activities to advance international understanding, goodwill and peace. Meeting humanitarian needs of people in

Jennifer Marshall presented to the Rotary Club of Houghton Lake on July 11, 2005 about two self-defense programs that she is teaching: R.A.D. and radKIDS. Jennifer is a deputy with the Roscommon County Sheriff's Department. Her current position as a School Resource Officer in the Houghton Lake School District has inspired her to teach these classes.

The Rape Aggression Defense System is a program of realistic self-defense tactics and techniques for women. The R.A.D. System is a comprehensive, women-only course that begins with awareness, prevention, risk reduction and risk avoidance, while progressing on to the basics of hands-on defense training. R.A.D. is not a Martial Arts program. Courses are taught by nationally certified R.A.D. Instructors. Once you attend a R.A.D. class and graduate, you may attend any R.A.D. class in the U.S. for free. This is an opportunity for women no matter their age to take part in a self-empowerment program.



radKIDS is the national leader in children's safety, with headquarters based in Harwichport, Massachusetts. radKIDS is brought to children and parents by the training and development of nationally certified instructors drawn from their own communities. By empowering a community with certified local instructors, the radKIDS Personal Empowerment Safety Education package is not just a program but a true gift to the community. radKIDS curriculum topics include: Home, school and vehicle safety; out and about safety; realistic defense against abduction; good-bad-uncomfortable touch; stranger tricks (including physical defense against abduction); and self-realization of personal power. Since its inception in 1998, radKIDS, Inc. has been committed to providing education that enhances the ability of children and parents to utilize knowledge, skills, and power to protect themselves from violence and harm.

Jennifer is a certified instructor for both the R.A.D. and radKIDS programs. For more information about the programs or for a schedule of upcoming classes, visit her website at:

[www.webspawner.com/users/safesecure/index.html](http://www.webspawner.com/users/safesecure/index.html)

#### Program

Artesia Youth Park	7/18
Club Assembly	7/25
A. Sheppard	8/1
B. Sisson	8/8
B. Souder	8/15
P. Spicer	8/22
Club Assembly	8/29
Labor Day	9/5

#### Greeters

Hacker/Grover
Gonzalez/G. Gandolfi
Gonzalez/G. Gandolfi
B. Gandolfi/Fuller
B. Gandolfi/Fuller
Follrath/Docherty
Follrath/Docherty
NO MEETING

#### Calendar

- Board meeting—August 8, 2005
- District Governor's visit—September 12, 2005
- District conference—Sept 28—October 1, 2005

**July is Rotary Literacy Month!**

**Rotary Club of Houghton Lake  
2005-2006 Officers and Board Members**

**President**  
**Past President**  
**President Elect**  
**President Nominee**  
**Secretary**  
**Treasurer**

**John Stark**  
**Randy Seymour**  
**Debbie Banks**  
  
**Vicki Kalmbach**  
**Bert Sisson**

**Board Member, Vocational Service**  
**Board Member, Community Service**  
**Board Member, Club Service**  
**Board Member, International Service**

**Debbie Banks**  
**Tom Moreau**  
**Anita Sheppard**  
**Wendy Turner**

**2005/2006 Committees**

<b>Vocational Chair</b> Career Day Interact Strive Program Scholarship Life Leadership & Meap Breakfast Citizen & Vocational Awards	<b>Debbie Banks</b>	<b>Community Chair</b> Park Project Bike Rodeo Track Meet Adopt-a-Highway	<b>Tom Moreau</b>	<b>Club Service Chair</b> Club Historian Auction Golf Outing Weekly Program Weekly Bulletin Webmaster Membership & Retention Spouse Appreciation Sergeant at Arms	<b>Anita Sheppard</b>	<b>International Chair</b> International Exchange Program World Community Service Project Foundation & Polio Plus	<b>Wendy Turner</b>
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*Rotary Club of HL meets each Monday at Coyle's-*

**Rotary Membership:**

<b>Terry Anderson-PP</b>	<b>David Hanson</b>	<b>Anita Sheppard</b>
<b>Debbie Banks-PE</b>	<b>Ron Homan</b>	<b>Bert Sisson</b>
<b>Stacey Barnes</b>	<b>Kiley Howes</b>	<b>Barb Souder-PP</b>
<b>Charlie Berg</b>	<b>Steve Hunter</b>	<b>Phillip Spicer-PP</b>
<b>Lou Boggs</b>	<b>Vickie Kalmbach</b>	<b>John Stark-P</b>
<b>Dick Brown</b>	<b>Jim Kent</b>	<b>Brenda Szach</b>
<b>Gavin Carnegie</b>	<b>Carolyn Krompetz</b>	<b>Sheryl Tester</b>
<b>Bill Collin</b>	<b>Rhonda Lamberg</b>	<b>Wendy Turner</b>
<b>Bret Cook</b>	<b>Dave Lamer</b>	<b>Rodney Walker</b>
<b>Robbyn Cudney</b>	<b>Denise MacKenzie</b>	<b>Laurie Wallin-PP</b>
<b>Jim Deamud</b>	<b>Dan McGregor</b>	
<b>Allison Docherty</b>	<b>Greg McMillan</b>	
<b>Dick Follrath</b>	<b>Tom McNamara-PP</b>	
<b>Sindy Fuller</b>	<b>Darrell Milner-PP</b>	
<b>Bob Gandolfi-PP</b>	<b>Tom Moreau-PP</b>	
<b>Gary Gandolfi-PP</b>	<b>Marv Myers</b>	
<b>Art Gonzalez-PP</b>	<b>Bill Oliver-PP</b>	
<b>Matt Grover</b>	<b>Bob Pacella</b>	
<b>Rick Hacker</b>	<b>Karen Patterson</b>	
<b>Amy Hance</b>	<b>Randy Seymour-PP</b>	

**HL High School Interact Club**

<b>President</b>	Amanda Davis
<b>Past President</b>	Courtney Yoder
<b>President Elect</b>	Malory Clock
<b>Secretary</b>	Samantha Van-Y
<b>Treasurer</b>	Jessica McClenathan
<b>Freshman Director</b>	TBD
<b>Sophomore Director</b>	Stephanie Foster
<b>Junior Director</b>	Kelly McGurk
<b>Senior Director</b>	Katie Wiggins
<b>Advisors</b>	Bill Oliver Denise MacKenzie

*Interact meets twice monthly after school*

**Interact Membership:**

<b>Kelsey Barber</b>	<b>Andrea King</b>	<b>Rachel Walch</b>
<b>Mike Bowman</b>	<b>Jessie Lee</b>	<b>Paige Warden</b>
<b>Annie Clayton</b>	<b>Kelly Lepper</b>	<b>Allisha Whitfield</b>
<b>Malory Clock</b>	<b>Sarah Lockhart</b>	<b>Katie Wiggins</b>
<b>Megan Clock</b>	<b>Jessica McClenathan</b>	<b>Courtney Yoder</b>
<b>Amanda Davis</b>	<b>Kelly McGurk</b>	
<b>Mary Domsitz</b>	<b>Nicole Mieske</b>	
<b>Megan Drog</b>	<b>Wendy Nielson</b>	
<b>Shantel Estevez</b>	<b>Alex Randall</b>	
<b>Michelle Fitzgerald</b>	<b>Tori Sampson</b>	
<b>Natalie Foster</b>	<b>Mindy Saxton</b>	
<b>Stephanie Foster</b>	<b>Ryan Seaford</b>	
<b>Jacqueline Hallauer</b>	<b>Jessi Tharp</b>	
<b>Ashley Hamel</b>	<b>Ashley Tillman</b>	
<b>Leanna Harvey</b>	<b>Shawna Trahan</b>	
<b>Brittany Herbst</b>	<b>Samantha Van-Y</b>	

**July 11, 2005 retrospect:**

<b>Program:</b>	Jennifer Marshall, R.A.D. & radKIDS programs
<b>Interact Guests:</b>	Summer Break
<b>Other Guests:</b>	Marilou McKenzie, Rafe McKenzie, Yuga Hatta, Kelsey Turner, Monica Blake, Vicki Stark, Pat Fearon, Jamie Yesh, Dwight McIntyre
<b>Birthdays:</b>	Dick Brown, Bill Collin

**HL Rotary news:**

- If you or someone you know is interested in hosting an exchange student, please let Wendy Turner know ASAP—she has yet to commit to the 2006 academic year and time is running out.
- The Club received a letter from Art Gonzalez—he is taking a sabbatical from Rotary.

**HLHS Interact news:**

- Summer Break

**Proposed Members:**

<u>Name</u>	<u>Classification</u>	<u>Business/Company</u>	<u>Sponsor</u>	<u>Week</u>
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Any objections to proposed members must be submitted to the Rotary board

**Inbound Exchange Student:**

Home city, country:

**Outbound Exchange Student:**

Host country:



**Meetings can be made up lunch time at:**

<b>Monday:</b>	Kalkaska Memorial Hospital, Kalkaska
<b>Tuesday:</b>	McGuires, Cadillac
<b>Wednesday:</b>	Patti's Townhouse, Grayling
<b>Thursday:</b>	BJ's, Gaylord Michael's on the River, Roscommon